

...on the scales of God
only hearts
have any weight.

Karl Rahner, *Behold This Heart*



Associates' Prayer

We who have been touched
by the spirit of Mary MacKillop
ask you, God, to help us
explore and live out the
Josephite charism in the world.

Today we commit ourselves to you
as we recognise Your Presence
in every person we meet
and reach out to the suffering and the poor.

Prepared by Nimmitabel/Cooma Group

Living into our name:

The Sacred Heart



To live from the heart

To live with the sacred

WHAT THE HEART OF JESUS MEANT TO MARY MACKILLOP

The heart is where transformation takes place.

- For Mary MacKillop the heart and person of Jesus were the same.

'It was the tender and loving heart of my Jesus who spoke to me.'

- The Heart of Jesus was the centre of deep unity — both personal wholeness and communal unity.

*'I often speak of this unity
which should reign amongst us,
as it is the bond*

which will ever keep us dear to the Sacred Heart.'

- The Sisters and Associates would be empowered by the Sacred Heart

to live from the heart and to live with the sacred.

*'Remember now,
for the future
let us live and love
in the love of the Sacred Heart.'*



A SACRED HEART SPIRITUALITY FOR TODAY

**As Sisters and Associates of the Sacred Heart
we need to understand that
our hearts have to birth the heart of Jesus into the
world.**



Only when we know the full weight of the word HEART
as **a bridge of love between the human and divine**
can we begin to live into our name.

The call is to be wholeheartedly generous with:

who we are
where we are, and
what we have

after the mind and heart of our compassionate God

revealed in Jesus
Who emptied himself
lived simply
travelled lightly
and 'made room for all'



and in the Spirit
Who draws all
creation
into
the heart of God.