Weekday morning guides and themes:

3-5 November
Coming Home to Myself: Understanding the Meaning, the Message of my Life
Catherine Shelton rsj

7-8 November
Spiritual Resilience for Later and Late Life
Dr. Anne Zubrick

11-12 November
Exploring the Gospel of Luke: Compassion, Hospitality, and Release
Elizabeth Dowling rsm

14-15 November
Living into Life: Living while you are Dying
Mel Williams osu

18-19 November
Wisdom Weavers: turning the pages of Life
Margaret Anne Beech sj a

21-22 November
Images of God: Reverencing Life through Wonder, and as a Gift; Scouring our Experiences of God.
Brendan Kelly sj

24-28 November
In the final week, a five day retreat will be gently led by Fr. John Sullivan:

“Having lived through all-of-our Twists, Hard Times and Joys, we move on with Great Expectations accompanied by our Mutual Friend.”

Spiritual Direction will be available throughout the sabbatical and during the retreat.

For further information about the sabbatical programme please contact:

Lil Girardi rsj
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P. +61 418 554 463

For an application form and further information about the centre please contact:

Admin/Receptionist
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St Joseph’s Baulkham Hills
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F. +61 2 9899 4249
W. www.stjosephscentre.org.au
St Joseph’s Centre sits within beautiful, spacious grounds at Baulkham Hills, 40 minutes north-west of Sydney’s CBD and Sydney Harbour.

Within the grounds there is a labyrinth, as well as other reflective spaces, and a swimming pool. Inside there is a Chapel, spaces for quiet reading, guest lounges with TV/DVD and tea/coffee facilities and laundry facilities. All rooms are en-suited.

The 25 places on this sabbatical are for women and men religious living ‘the Time the Sage’, that rich time of life in the 80s years.

The daily timetable of the first three weeks will be gentle and enable participants to remember, reflect and celebrate wonderful lives.

A rhythm of poetry, song, moments of meditation, contemplation, mindfulness will weave through the mornings with time for rest, reflection and relaxation in the afternoons and on weekends.

Date: 1 November – 30 November 2019
Cost: $5,450.00
Closing date for applications: 16 September 2019

Participants are invited to arrive from 2pm onwards on Friday 1 November and depart after breakfast on Saturday 30 November.

“It is a wonderful day in a life when one is finally able to stand before the long, deep mirror of one’s own reflection and view oneself with appreciation, acceptance, and forgiveness.

On that day one breaks through the falsity of images and expectations which have blinded one’s spirit.

One can only learn to see who one is when one learns to view oneself with the most intimate and forgiving compassion.”

- John O’Donooghue