Jesus is Raised from the Dead

The Gospels tell us that suffering and death do not have the last word. When Jesus died on the cross this seemed like the end of the hopes and dreams for both Jesus and his followers, but this confusion was soon replaced by joy. As you complete your journey with the Stations of the Cross call to mind the Good News that Jesus rises from the tomb to a new life with God. Resurrection is a new way of being with God, for risen life is life with God.

The Gospel writers ponder on the meaning of this mystery that lies at the heart of Christian experience. They present us with four different accounts.

Spend some time praying with the Good News presented to us by Matthew:



After the Sabbath, as the first day of the week was dawning. Mary Magdalene and the other Mary went to see the tomb. And suddenly There was a great earthquake; for an angel of the Lord, descending from heaven, came and rolled back the stone and sat on it. His appearance was like lightening, and his clothing white as snow. For fear of him the guards shook and became like dead men. But the angel said to the women, "Do not be afraid; I know that you are looking for Jesus who was crucified. He is not here; for he has been raised, as he said. Come and see the place where he lay. Then go quickly and tell his disciples. (Matt 28: 1-8)

- Read the story through slowly ... imagine the scene
- ❖ Now become part of this story ... imagine yourself at the empty tomb
- Open your mind and heart to the wonder of Jesus' resurrection, to the truth of his presence and action in your midst.

Moments in the life of Mary Mackillop

Saint Mary MacKillop shows us what it means to live in the light of the resurrection. She was a woman of hope and trust, an inspiration to those around her. She sees the blessings hidden in the cross, and her life lives out of the light of the resurrection. Mary invites us to do the same ...

"God is good and has brought light and help when all was very dark ..."

Mary MacKillop 1899

Prayer

Jesus, your death upon the cross and resurrection transformation reminds me of the transformative possibilities in my own life. Give me the courage to let go of my resistance to change, may I be ever open to the break-through of new beginnings so that I can be open to the delight of surprise.