

# God is in the middle of us ...

*"There where you are, you will find God"*

Mary MacKillop (1871)

Sometimes, like Mulga Bill on his bicycle, we find ourselves hurtling into the future, or rushing to our next activity. We struggle to be fully present to *this moment*—the one we are living now.

- ◆ Have we paused lately to notice the small signs of changes in the seasons?
- ◆ Do we sometimes stop to savour the smell of freshly mown grass? ... or to enjoy what is right in front of our noses?

These little reflective breaks can help to keep us in the now. They put us in touch with our 'good God'.

All the great spiritual writers invite us to try to *live in the present*. This moment, NOW, is the most important one we have. In fact, it is *all* we have. When Patrick Kavanagh tells us that '*God is in the bits and pieces of every day*', we glimpse the nearness of our God in this precious moment, and in everyday happenings.

Mary MacKillop's 'good God' is a faithful, gentle God *who is at home with us*. We don't have to spend our lives seeking God elsewhere.

*God gave me such a sense of His watchful presence'*

Mary MacKillop (1871)



We light a candle to honour this present moment and to remind ourselves that the ground we are on is holy ground.

Called, or uncalled, God is present. We sit in silence. Later on, we might take a long, slow, reflective walk.

*And they shall name him Emmanuel, which means, 'God is with us'.* (Matthew 1:23)

*The Little Brown Book Too* © Sue and Leo Kane 2011

The above extract from *The Little Brown Book Too* (pages 136-137) has been used with the kind permission of the publishers, St Paul's Publications—[www.stpauls.com.au](http://www.stpauls.com.au)

Available for online and from Mary MacKillop Centres—  
For locations and contact details visit: [www.sosj.org.au](http://www.sosj.org.au)

