

## DAYS OF PRAYER & CONTEMPLATION

At Kilmolee at Safety Bay, 182 Arcadia Drive, Safety Bay WA

**Wed 11 March 'Women of the Scriptures – faithful disciples'**

**Wed 16 September 'Contemplation – seeing in new ways'**

Prayer Guide: Dora Maguire rsj

Contact: Dianne Colborne rsj: 9527 3240, [Safety.Bay@sosj.org.au](mailto:Safety.Bay@sosj.org.au)

RSVP: Essential - Friday before the day. Cost: \$20

and

At Mary MacKillop Centre, 16 York Street, South Perth WA

**Thurs 11 June Theme: TBA**

**Thurs 12 November Theme: TBA**

Prayer Guide: Wendy Lailey rsj

Contact: Mrs Laura McCarthy; 9334 0999, [laura.mccarthy@sosj.org.au](mailto:laura.mccarthy@sosj.org.au)

RSVP: Essential - Friday before the day. Cost: \$20

*For both venues, please arrive in time for morning tea at 9.30am.*

*Session commences at 10.00am and concludes at 1.00pm  
with light refreshments following.*

## CHRISTIAN MEDITATION

**'Be still and know that I am God'**

Every **Tuesday at 9am** @ 182 Arcadia Drive Safety Bay 6169

For further information or explanation of the John Main format, please contact:

- Pauline Lighter (group convener) on 0404 458 843 or
- Kathleen Dawe rsj on 9527 3240

**All are welcome!**

*"Embody love not fear ~ we are being invited into a new future. It is time to let go of everything we are clinging to because whatever we possess divides us. 'Love alone can bring us to the threshold of a universe,' Teilhard said. 'It is time to let go into love.' "*

*Ilia Delia OSF (Global Sisters Today)*

## RETREATS

**'Let yourself be drawn into The Mystery'**

(i) **29 Feb - 1 Mar (applications close 10 Feb)**

(ii) **14 - 15 Mar (applications close 3 Mar)**

(iii) **30 - 31 May (applications close 11 May)**

A time of deep silence to foster contemplative living through the practice of Christian Meditation, Centring Prayer and Walking Meditation. An opportunity to contemplate God in nature at beautiful Safety Bay.

Facilitators: Kathleen Dawe rsj & Frances Maguire rsj

Venue: Kilmolee at Safety Bay, 182 Arcadia Drive, Safety Bay.

Enquiries and registration: Dianne Colborne rsj

(08) 9527 3240, [Safety.Bay@sosj.org.au](mailto:Safety.Bay@sosj.org.au)

Cost: \$200

*(Saturday 10am start, closes Sunday after lunch)*

**4-9 April:**

**'Living in the Pattern of the Paschal Mystery  
~ Holy Week'**

"Taking time to name our deaths, losses and grief of our Good Fridays and our Holy Saturdays in order to move into our Easter Sundays with Christ. We need to "grapple with the timeless, haunting questions of suffering and death which gnaw at the heart ... and the need for transformation to which these call us." Ronald Rolheiser *The Holy Longing*.

*A guided retreat with some options for spiritual accompaniment with Frances Maguire rsj*

Venue: Kilmolee at Safety Bay, 182 Arcadia Drive, Safety Bay.

Enquiries and registration: Dianne Colborne rsj

(08) 9527 3240 [safety.bay@sosj.org.au](mailto:safety.bay@sosj.org.au)

Cost: \$550

**Applications close 19 March 2020**

**18 - 19 April: A Retreat for Men**

'A time to ponder and to be attentive to the presence of God in our lives'

Facilitator: Fr Tony Chiera V.G. Diocese of Bunbury

Venue: Kilmolee at Safety Bay, 182 Arcadia Drive, Safety Bay.

Enquiries and registration: Dianne Colborne rsj

9527 3240, [Safety.Bay@sosj.org.au](mailto:Safety.Bay@sosj.org.au)

Cost: \$200

**Applications close 1 April 2020**

**22 - 24 May:**

**'Living in the Pattern of the Paschal Mystery  
~ Ascension to Pentecost'**

A time to "let go of the old and let it bless us with our refusal to cling (Ascension) through to the reception of new spirit for the new life that one is already living." (Ronald Rolheiser *The Holy Longing*)

*A guided retreat with some options for spiritual accompaniment with Frances Maguire rsj*

Venue: Kilmolee at Safety Bay, 182 Arcadia Drive, Safety Bay.

Enquiries and registration: Dianne Colborne rsj

9527 3240 [Safety.Bay@sosj.org.au](mailto:Safety.Bay@sosj.org.au)

Cost: \$250

**Applications close 6 May 2020**

**9 - 15 July: 'The Hospitality of God'**

Through the silence of this retreat you are invited into the embrace of the Trinity and experience the Hospitality of God. Over these days we will contemplate the Rublev icon. As Henri Nouwen says: *'the more we look at this holy image with the eyes of faith, the more we come to realise that it is painted not as a lovely decoration for a convent church, nor as a helpful explanation for a difficult doctrine, but as a holy place to enter and stay within.'*

Facilitator: Ann Morrison rsj

Venue: Kilmolee at Safety Bay, 182 Arcadia Drive, Safety Bay

Enquiries and registration: Dianne Colborne rsj

9527 3240 [safety.bay@sosj.org.au](mailto:safety.bay@sosj.org.au)

Cost: \$650

**Applications close 16 June 2020**

## RETREATS CONTINUED

### 11-13 September: A Retreat for Women

**“Bring Me What You Have.”** Matt 14:18

This silent retreat will explore the gifts of women in contemplative and holistic ways.

**Facilitators:** Frances Maguire rsj and Wendy Lailey rsj

**Venue:** Kilmolee at Safety Bay, 182 Arcadia Drive, Safety Bay.

**Enquiries and registration:** Dianne Colborne rsj  
(08) 9527 3240, [Safety.Bay@sosj.org.au](mailto:Safety.Bay@sosj.org.au)

**Cost:** \$200

*Applications close 24 August 2020*

## PRAYING OUR EXPERIENCES

### Growing awareness of God in my every day

Praying our Experiences is a directed contemplative gathering, with personal reflection time. It uses Catholic-Christian sacred texts, tradition and experience to discern God's call to us, both as a faith community and individually, in the everyday.

21 Feb	27 March	24 April	22 May
26 June	24 July	28 Aug	25 Sept
30 Oct	27 Nov	18 Dec	

**Time:** 10.30am - 12noon

**Prayer Guides:** Wendy Lailey rsj, Tina Khan

**Venue:** Mary MacKillop Centre, 16 York St, South Perth.

**RSVP:** Tuesday before session date

**Enquiries and bookings:** Mrs Laura McCarthy,  
9334 0999, [prayingourexperiences@gmail.com](mailto:prayingourexperiences@gmail.com)

## REMEMBERING MARY MACKILLOP

A time to gather and to pray with St Mary of the Cross MacKillop on the **8<sup>th</sup> day** of the following months:

**March, April, June, August, September and December.**

*Please arrive for celebration of Eucharist at 10.00am*

**Venue:** Kilmolee at Safety Bay, 182 Arcadia Drive, Safety Bay

**Cost:** \$ 5 and please bring a plate of food to share

**RSVP:** Essential by 1<sup>st</sup> of the month to:

Dianne Colborne rsj, (08) 9527 3240, [Safety.Bay@sosj.org.au](mailto:Safety.Bay@sosj.org.au)

## MEDITATIVE PRAYER IN THE STYLE OF TAIZÉ

**7pm - 8pm** (Chapel doors open at 6.30pm) on the **third Sunday** of the following months:

15 March	17 May	21 June	16 Aug
20 Sept	18 Oct	15 Nov	

**Venue:** St Joseph's Chapel, 16 York St, South Perth

**Invite:** your friends and pray in a relaxing, meditative way

**Bring:** a torch and a friend! All welcome!

**Enquiries:** Sr Maree Riddler rsj; 0414 683 926;

[mriddler@sosjwa.org.au](mailto:mriddler@sosjwa.org.au)

For updates and new events please visit:

[www.sosj.org.au](http://www.sosj.org.au)

[www.marymackillopperth.org.au](http://www.marymackillopperth.org.au)



*“I sat alone in silence  
and I was absorbed into the*

*Mystery of  
Beauty”*

Sara Maitland

Opportunities  
for  
Spiritual Enrichment  
2020

A Ministry of Sisters of Saint Joseph of the Sacred Heart