



2020 Programme

Attentive to:

The Sacred

The Evolving Universe

Relationships of Compassion

Retreats

Spirituality Today

New Cosmology understandings

Treasuring Our Later Years

Craft



Supporting the UN Year of Plants

16 Esplanade Williamstown

Retreats

Guided Retreats

The Garden

Therese Quinn rsj

10th—17th May

Cost: \$700

The Garden—place of intimacy. Exploring the symbolism of the garden, especially in the Book of Genesis, the Song of Songs and the Gospel of John.

Remain in My Love (John 15)

Lynette Young rsj

14th —21st June

Cost: \$700

These words, “Remain in my Love” form part of the Last Discourse of Jesus as found in John’s Gospel. They are a hope-filled invitation to respond to the call of Jesus who desires to “be with us.”

A Contemplative Journey

Moya Unthank rsj

13th —20th September

Cost: \$700

The writings of the classical mystical tradition and of contemporary spiritual writers will be used for reflective experiences during these days, inspiring an ever-deepening journey of contemplative prayer and contemplative living.

Missionary Discipleship Today—the Strength of Women’s Witness

Therese Quinn rsj

11th—18th October

Cost: \$700

Contemplating the Universe Story we consider how we are called today to missionary discipleship and leadership roles as were the Woman at the well, Martha and her sister Mary of Bethany, and Mary of Magdala.

Directed Retreat

Yvonne Harte rsj & Therese Quinn rsj

9th —16th August

Cost: \$700

This directed retreat offers the opportunity for days of silence and daily spiritual direction in a contemplative environment.

Non residential Retreat

The Garden

Therese Quinn rsj

22nd—25th September

Cost: \$300

The Garden—place of intimacy. Exploring the symbolism of the garden, especially in the Book of Genesis, the Song of Songs and the Gospel of John.

A four day retreat where participants attend each day from 10am with contemplative prayer and reflection, engage in silent time at the Centre until a daily gathering at 3.00pm after which retreatants may leave or stay longer according to individuals' preferences.

***BYO lunch,
tea and coffee provided.***

Bookings

Contact MMHC on (03) 9926 9300
or by email at admin.mmhc@sosj.org.au

Deposit: \$50.



The Christian Foundation for the Care of Creation

Meditations for Lent

We reflect on the Gospel to remind us of God's gift of creation. Coinciding with the final days of the Synod for the Amazon, and for the fourth anniversary of "Laudato Si", a new book has been issued, which gathers together writings and discourses from Pope Francis on the environment. The book aims to explain a Christian vision of ecology. This opens us to new depths of the Gospel.

Thursdays in Lent, from 7.30pm-8.30pm.

Everyone is welcome

27th February	The unity of the human family
5th March	Safeguarding creation
12th March	A spiritual reading of Ecology
19th March	The Love of God at the Centre of every living thing
26th March	Starting again from the Holy Spirit and forgiveness
2nd April	The vision of the believer

Donation welcome



'Treasuring our later years'

'see how I carried you, all along the road you travelled, on the way to this place.'

Deuteronomy 1:31

'I am a foreigner in the land of old age and have tried to learn its language.'

May Sarton

Wednesdays in August and September from 10.00am-12.30pm.

Over 6 sessions we will explore themes that take on a special significance in our later years:

Awakening to new possibilities	5th August
Spirituality	12th August
Meaning in my life now	19th August
Relationships	26th August
Gratitude	9th September
Death – mystery	16th September

Our stories and experiences around these themes will enrich our time together and enable us to see the treasure that our later years can be.

Nicole Rotaru rsm

**Cost : \$15 per session.
morning tea provided.**

A Sunday Prayer Day—Jesus Today **Sunday 30th August from 10.00am-4.00pm**

Therese Quinn rsj

**Cost: \$25
BYO lunch
tea and coffee provided**

Jesus' way is a path that leads us to freedom—a radical freedom which gifts us with the privilege of participating in God's work of art creatively and together. In this day retreat inspirational works of contemporary artists invite retreatants to embrace that way today.

Spirituality Today and its Evolution in the Western Suburbs...

You are invited to a series of reflections and discussions

Thursdays from 7.30pm-9.00pm

Sacred Earth

21st May

Janet Wilkinson & Therese Quinn rsj

What we can learn from our local land and waters.
The unifying message of the sheoak.

First Peoples

25th June

Sherry Balcombe

Aborigines of this district are known as the Yalukit-Willam.
This session explores their spirituality.

sheoak



lava blister

St Mary MacKillop & her Sisters in the West

20th August

Anmaree Iaccarino

Tracing the footsteps of St Mary MacKillop of the Cross and her Sisters
in the West.

Growing up in the Western Suburbs

22nd October

A panel discussion led by Josephine Cafagna with journalist Lina Caneva and editors of the How the West Was Won—Sue O'Brien and Karyn Howie.

ART EXHIBITION

*Western suburban artists
celebrate the spirit of the West.*

NOVEMBER

Wednesday 25th—Sunday 29th

1.30 pm — 9 pm daily

Entry Cost : \$10 per session

Tea & coffee provided

Funds donated to the **OPENING THE DOORS FOUNDATION**



Keeping Koorie Kids in an Education of their Choice

St Joseph's By The Sea, 16 Esplanade Williamstown

Ample on street parking available

RSVP: admin.sjbtsw@sosj.org.au or 9397 6012

Joy of the Gospel (Evangelii Gaudium)

We contemplate the **Gospel of Matthew**, recognising the good news as *our* good news and hope and joy for today.

Thursdays from 7.30pm—8.30pm.

Everyone is welcome

7th May	<i>St Joseph (Mt 1:18-25; 2:13-23)</i>
4th June	<i>The Beatitudes (Mt 5:1-14)</i>
6th August	<i>Look at the birds, consider the flowers (Mt 6:25-34)</i>
3rd September	<i>Canaanite woman's faith (Mt 15:21-28)</i>
8th October	<i>Labourers in the Vineyard (Mt 20: 1-16)</i>
5th November	<i>Challenge and hope for the future (Mt 25:31-46)</i>

Library

Books may be borrowed from the SJ BTS library

Conference Centre Facilities for Hire

Offering conference facilities for groups from 4—50 people.
Kitchen and dining facilities guarantee comfort for all guests.
En-suite accommodation is available for up to six people.

Prices on application.

Contact: admin.sjbtsw@sosj.org.au or 9397 6012

Making our homes more environmentally friendly

- **Would you like to make your own beeswax wraps to cover foodstuffs and to stop using plastic wrap in the kitchen?**
- **Would you like to make storage baskets that you have woven yourself from grasses growing in many gardens?**
- **Would you enjoy the sensory experience of making your own soap?**

We are hosting sessions where we will experience practical ways of making our homes more environmentally friendly.

Sessions will be held from 10am till 12pm.

Beeswax wraps

Cost: \$15

or

Thursday 23rd April

Thursday 20th August

Basket weaving

Cost: \$10

or

Thursday 21st May

Thursday 11th June

Soap making

Cost: \$10

or

Thursday 10th September

Thursday 8th October



Our Shop

We sell locally hand-made products to support the work of this Centre. Feel free to browse whenever you visit!

Let's Be Crafty

Commencing in March, craft mornings will be offered at SJBTW.

**First Thursday of each month
from 10.00am till 12.00pm,**

5th March

2nd April

7th May

4th June

6th August

3rd Sept

1st October

5th November

3rd December



Ecology-focused Shift in Consciousness

What do we mean by 'The New Cosmology'?

We invite your participation in conversation, discovery and awakening as we develop our understanding of the new world view, using up to date YouTube clips, readings and other stimulus material.

Carmel Crameri rsj

Wednesdays from 7.30pm-8.30pm

18th March

15th April

20th May

10th June

19th August

16th Sept

21st October

18th November

Please RSVP two days prior.

Earth Rituals

Earth Rituals and prayers help us to celebrate the interconnectedness of all that is.

All are welcome to bring a contemplative stance as each ritual is created out of participants' reflections, ideas, thoughts, actions and poetry.

This year the earth's seasons will inspire these gatherings.

Saturdays from 11.00am-1.00pm

Summer 8th February

Autumn 23rd May

Winter 22nd August

Spring 24th October

Margie Abbott & Carmel Crameri rsj facilitate these rituals.

BYO lunch to share (share plate)

Gold coin donation.





Mission Statement

St Joseph's by the sea

A gathering place for all who seek to:

nurture contemplation

explore & celebrate the wonders of the Universe and Earth

nourish body, mind and spirit

develop just and respectful relationships

live into new ways of being



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