



**AWAKENED  
BY THE  
SPIRIT**



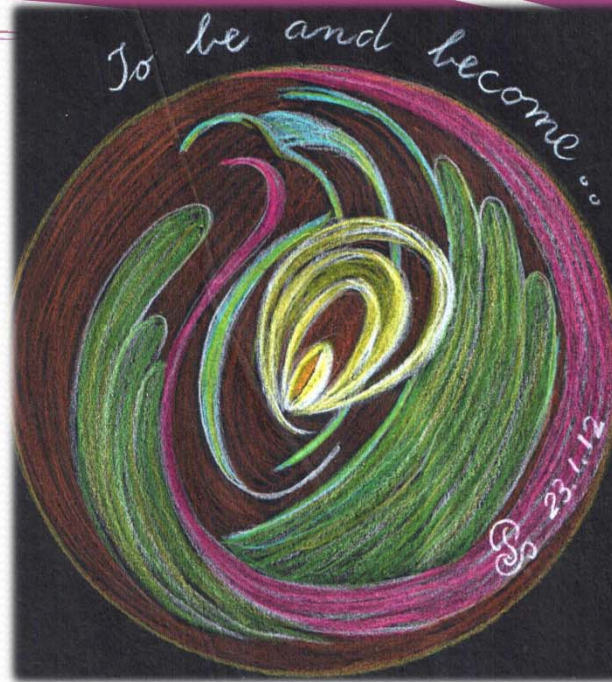
*Welcome  
To  
Day Five*

*(Move on when ready.)*



*A time  
of  
Being awakened  
by  
The Spirit of Love*

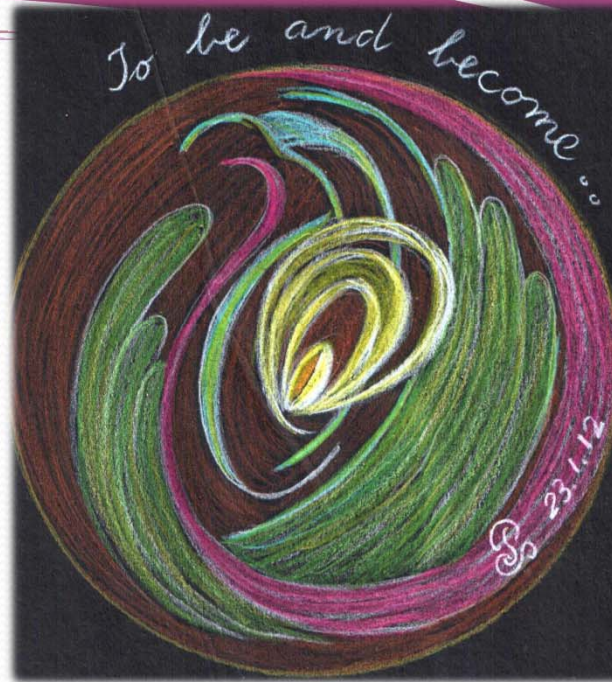
*(Move on when ready.)*



## ***BE STILL***

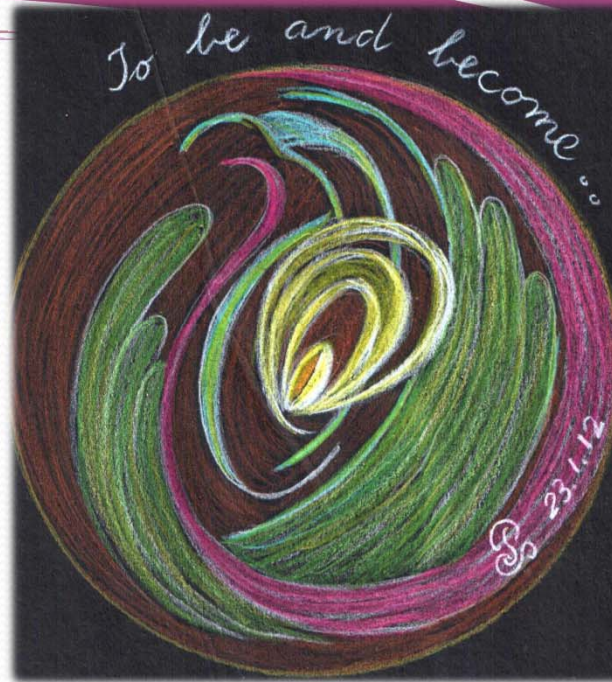
*Sit in the stillness and breath deeply.  
Listen to your own breath coming into your own body  
and leaving your own body*

*(Move on when ready.)*



*Welcome the One  
who brings life and hope  
into  
the whole  
of  
CREATION.*

(Move on when ready.)



*Welcome the Spirit*  
*“Come Spirit of God*  
*come again and again*  
*to renew us.”*

*(let this prayer echo in your heart.)*

*(Move on when ready.)*



*O breathe on me  
breath of God,  
till I am wholly Thine;  
until this earthly part of me  
glows with Thy fire divine.*

*(let this prayer echo in your heart.) (Move on when ready.)*

*Invitation*

*to*

*pause here*



*So as*

*to Savour*

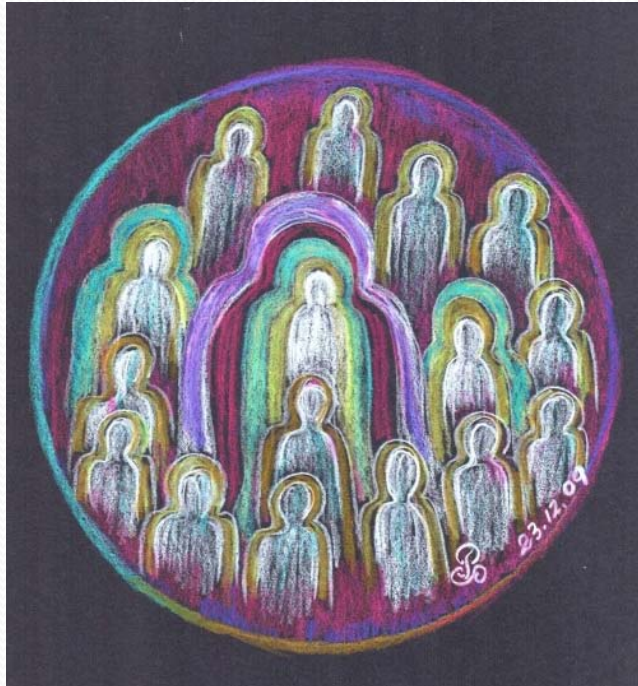
*the experience of opening*

*to the Spirit.*

*(Move on when ready.)*

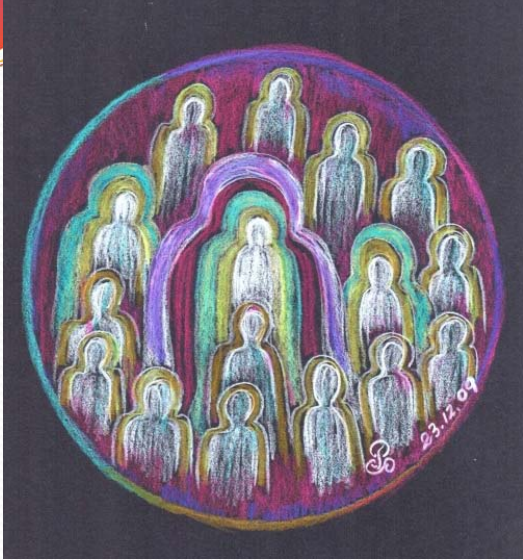


*As  
at  
the First Pentecost*



*Mary,  
the Mother of Jesus  
is with us now.*

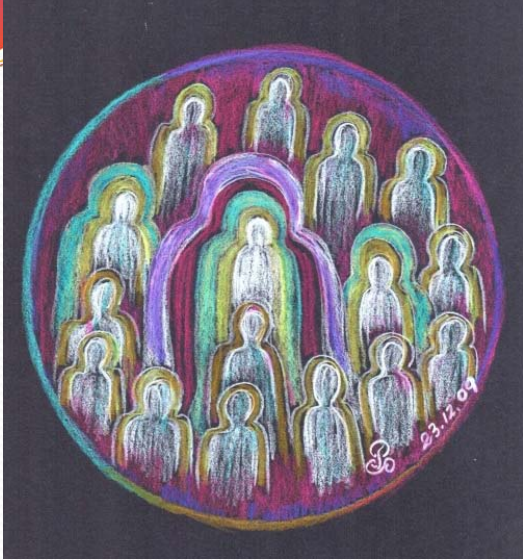
*(Move on when ready.)*



*In "The Joy of the Gospel"  
Pope Francis says:*

*Mary let herself be guided by the Holy  
Spirit on a journey of faith towards a  
destiny of service and fruitfulness.*

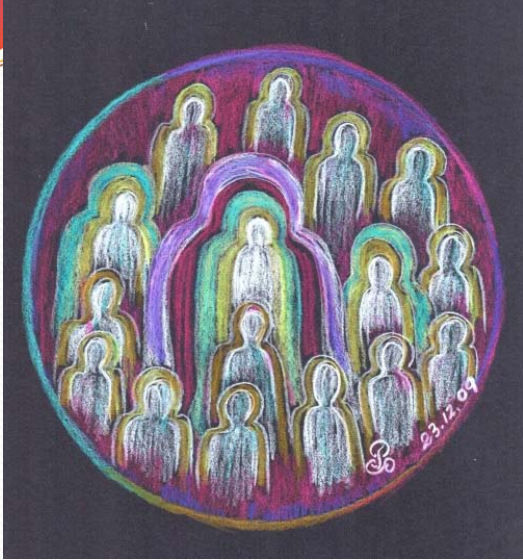
*(Move on when ready.)*



*With Pope Francis we pray:*

*Mary, Virgin and Mother,  
You who, moved by the Holy Spirit,  
welcomed the Word of Life  
in the depth of your humble faith:  
as you gave yourself completely to the Eternal One  
help us to say our own "yes"  
to the urgent call, as pressing as ever,  
to proclaim to good news of Jesus.*

*(Move on when ready.)*



*Star of the new evangelisation,  
help us to bear radiant witness to  
communion,  
service,  
ardent and generous faith,  
justice and love of the poor,  
that the joy of the Gospel  
may reach the ends of the earth,  
illuminating even the fringe of the world.*

*Mother of the living Gospel,  
wellspring of happiness for God's little ones,  
pray for us.*

*(Move on when ready.)*

*Invitation*

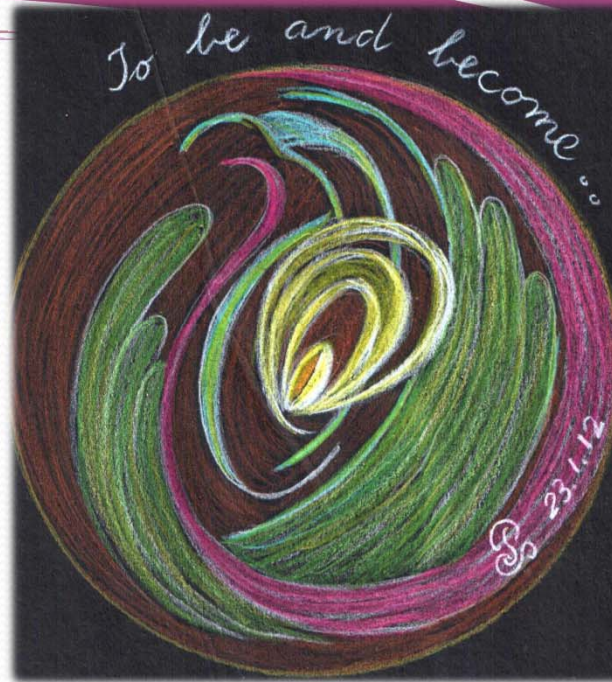
*to*

*pause here*



*Savour the experience of this day.*

*(Move on when ready.)*



***BE STILL***

(Move on when ready.)



*End of Day Five.*

*We look forward to praying  
with you again in the future.*

*May the Spirit of Love  
continue to be awakened in  
you each day.*