

## Weekday morning guides and themes:

### 2 November

Orientation  
*Lianella Girardi rsj*

### 3-4 November

Settling the Ambers  
Igniting the Fire  
*Geraldine Kearney sgs*

### 7-8 November

Spiritual Resilience: For Later and Late life  
*Dr. Ann Zubrick*

### 10-11 November

Exploring the Gospel of Luke:  
Compassion, Hospitality and Release  
*Elizabeth Dowling rsm*

### 14-15 November

The Journey of Compassion and  
Contemplation  
*Colleen O'Sullivan rsj*

### 17-18 November

Images of God: A How to "Seeking" and Finding  
God in All Things.  
*Brendan Kelly sj*

### 21 November

Outing

### 22 November

Weaving our Sabbatical Experiences  
*Colleen O'Sullivan rsj - Lianella Girardi rsj*

### 23-27 November

The final week, a five -day retreat will be gently  
led by Brendan Kelly sj  
"Gathering the Graces and Giving Thanks to  
Our Liberating God."

*Spiritual Direction will be available throughout  
the sabbatical and during the retreat.*

For further information about the  
sabbatical programme please contact:

#### Lil Girardi rsj

Sabbatical Co-ordinator  
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For an application form and further  
information about the centre  
please contact:

#### Admin/Receptionist

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Sisters of Saint Joseph  
*of the Sacred Heart*

170345 RETREAT

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# TIME OF THE Sage

*A sabbatical  
for religious living the 80s years*

**1 NOVEMBER – 30 NOVEMBER 2022**

St Joseph's Centre  
sits within beautiful,  
spacious grounds at  
Baulkham Hills,  
40 minutes north-west  
of Sydney's CBD  
and Sydney Harbour





*"It is a wonderful day in a life when one is finally able to stand before the long, deep mirror of one's own reflection and view oneself with appreciation, acceptance, and forgiveness.*

*On that day one breaks through the falsity of images and expectations which have blinded one's spirit.*

*One can only learn to see who one is when one learns to view oneself with the most intimate and forgiving compassion."*

John O'Donohue

*St Joseph's Centre sits within beautiful, spacious grounds at Baulkham Hills, 40 minutes north-west of Sydney's CBD and Sydney Harbour.*

Within the grounds there is a labyrinth, as well as other reflective spaces, and a swimming pool. Inside there is a Chapel, spaces for quiet reading, guest lounges with TV/ DVD and tea/coffee facilities and laundry facilities. All rooms are en-suited.

The 25 places on this sabbatical are for women and men religious living 'the Time of the Sage', that rich time of life in the 80s years.

The daily timetable of the first three weeks will be gentle and enable participants to remember, reflect and celebrate wonderful lives.

A rhythm of poetry, song, moments of meditation, contemplation, mindfulness will weave through the mornings with time for rest, reflection and relaxation in the afternoons and on weekends.

Participants are invited to arrive from 2pm onwards on Monday 1 November and depart after breakfast on Tuesday 30 November.



**Date: 1 November  
to 30 November 2022  
Cost: \$5,615.00  
Closing date for  
applications:  
30 October 2022**