

## Weekday morning guides and themes:

**2-3 November**

Orientation

*Lianella Girardi rsj, Maureen Donnelly rsj*

**6-7 November**

Spiritual Resilience: For Later and Late Life

*Dr. Ann Zubrick*

**10 November**

Reminiscing on Warm Hearted Memories

*Lianella Girardi rsj, Maureen Donnelly rsj*

**9 November**

Settling the Embers

*Geraldine Kearney sgs*

**13- 14 November**

Oneness of Being

Oneness with all is our call from within,  
from the Divine Cosmic Creator.

*Kateri Duke rsj*

**16 November**

Igniting the Fire

*Geraldine Kearney sgs*

**17 November**

Group Outing

**20-21 November**

Come and See...Reading John's Gospel with  
Ecological eyes.

*Elizabeth Dowling rsm*

**23- 24 November**

A How to "Seeking" and Finding God in All  
Things

*Brendan Kelly sj*

**November 25-29**

The final week, a five-day Retreat will be  
gently led by Brendan Kelly sj.

Gathering the graces and Giving Thanks to  
our "Liberating" God.

*Spiritual Direction will be available throughout  
the sabbatical and during the retreat.*

# TIME OF THE Sage

*A sabbatical  
for religious living in their 80 years*

**1 NOVEMBER – 30 NOVEMBER 2023**

For further information about the  
sabbatical programme please contact:

**Lil Girardi rsj**

Sabbatical Co-ordinator

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For an application form and further  
information about the centre  
please contact:

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Sisters of Saint Joseph  
*of the Sacred Heart*

170395 RETREAT

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St Joseph's Centre  
sits within beautiful,  
spacious grounds at  
Baulkham Hills,  
40 minutes north-west  
of Sydney's CBD  
and Sydney Harbour





*"It is a wonderful day in a life when one is finally able to stand before the long, deep mirror of one's own reflection and view oneself with appreciation, acceptance, and forgiveness.*

*On that day one breaks through the falsity of images and expectations which have blinded one's spirit.*

*One can only learn to see who one is when one learns to view oneself with the most intimate and forgiving compassion."*

John O'Donohue

*St Joseph's Centre sits within beautiful, spacious grounds at Baulkham Hills, 40 minutes north-west of Sydney's CBD and Sydney Harbour.*

Within the grounds there is a labyrinth, as well as other reflective spaces, and a swimming pool. Inside the Centre there is a Chapel, spaces for quiet reading, guest lounges with TV/ DVD and tea/coffee facilities and laundry facilities. All rooms are en-suited.

The 25 places on this sabbatical are for women and men religious living 'The Time of the Sage', that rich time of life in the 80s years.

The daily timetable of the first three weeks will be gentle and enable participants to remember, reflect and celebrate wonderful lives.

A rhythm of poetry, song, moments of meditation, contemplation, mindfulness will weave through the mornings with time for rest, reflection and relaxation in the afternoons and on weekends.

Participants are invited to arrive from 2pm onwards on Wednesday 1 November and depart after breakfast on Thursday 30 November.



**Date: 1 November  
to 30 November 2023**  
**Cost: \$5,700.00**  
**Closing date for  
applications:  
31 October 2023**