

Feast of the Sacred Heart

REFLECTING



The heart is a sign of love – there is something very special about it.

Our hearts keep us alive.

Jesus' heart is so full of love that he shares his love and life with everyone. We think of Jesus and his great love for each of us, and we know how much Jesus wants us to help each other.

We reach out to others who are in need and in this way then we do as Jesus asked; to love one another!

Let us pray ...

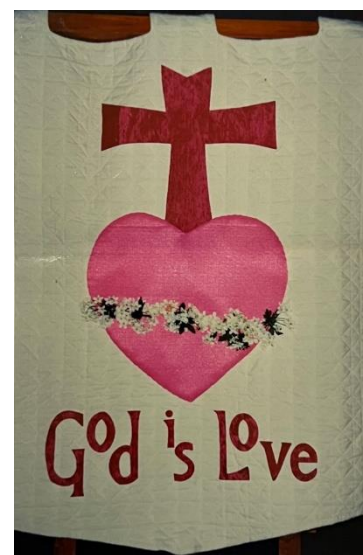
We rejoice in the gifts of love we have received from the heart of Jesus your Son. Open our hearts to share his life and continue to bless us with his love.

LISTENING

Reading: (1 Jn 4:7-12)

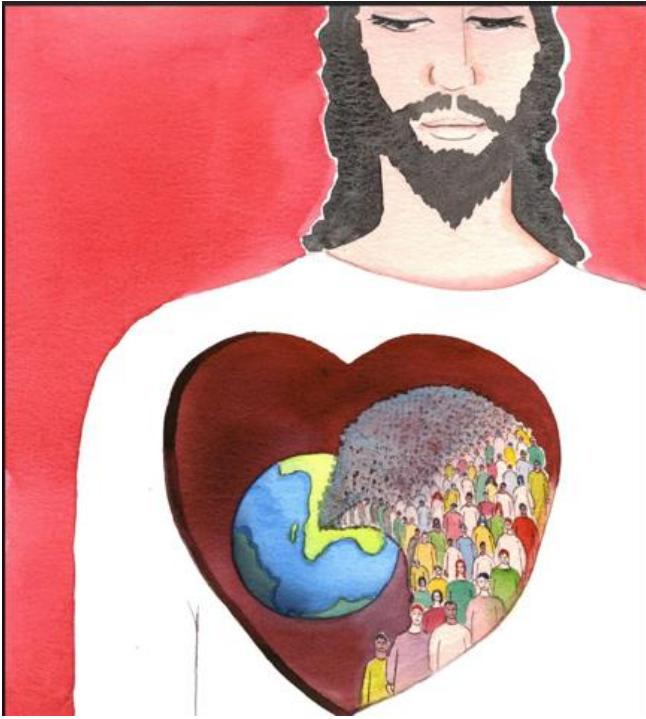
My dear people, let us love one another since love comes from God and everyone who loves is begotten by God and knows God. Anyone who fails to love can never have known God, because God is love. God's love for us was revealed when God sent into the world his only Son so that we could have life through him; this is the love I mean: not our love for God, but God's love for us when he sent his Son to be the sacrifice that takes our sins away. My dear people, since God has loved us so much, we too should love one another.

No one has ever seen God; but as long as we love one another God will live in us and his love will be complete in us. '



*Banner of the Sacred Heart
1995, from SHC Chapel
Whanganui*

RESPONDING



The Sacred Heart is an invitation to ask ourselves ...

“How did Jesus love?” and “Whom did Jesus love?”

Therefore ... “How do I love?” and “Whom do I Love?”

And the most important question ... “How can I love like Jesus?”

The Heart of Jesus Christ our Saviour is so vast that it contains the whole universe,

our world, and everyone on it. He loves every person with a deep, fervent and tender love. He prays for each of us today with as much fervour and power as when He prayed on the Cross.

Illustration by Elizabeth Wang, T-06719-CW-V2
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PRAYING

Heart of Jesus, aflame with love for us
Heart of Jesus, source of justice and love
Heart of Jesus, full of goodness and love
Heart of Jesus, worthy of all praise
Heart of Jesus, king and centre of all hearts
Jesus, gentle and humble heart
Touch our hearts and make them like your own

have mercy on us
have mercy on us
have mercy on us
have mercy on us
have mercy on us

BLESSING

May God bless us with listening ears and open hearts to the world's needs.
May God bless us with responding hearts that care for the homeless and those in need.
May God bless us with hearts that create communities wherever we are.
May God bless us with the fire of love on our journey.

AMEN

P55 Josephite Prayer Book