

The heart of God...the golden glow, the world-zest

Feast of the Sacred Heart

Gathering: Sit quietly and allow yourself to come to stillness. Breathe in life; breathe out peace. Gaze on the image and words. How do they resonate with you?



Devotion does not end at a shrine or image.

It is only authentic when it reaches all the way into ourselves and into our lifestyle with an utterly transforming power. (David

Richo, The Sacred Heart of the World)

'For indeed our God is a consuming fire' (Hebrews 12:29)

(Image by J. Gichard: used with permission)

Heart of the world's heart, we come before you with our hearts open wide. May the love that flows from your Sacred Heart fill us with grace and mercy, inspiring us to be vessels of your compassion in the world.

<https://www.youtube.com/watch?v=Qa4POnycJ0>

'HEARTBEAT' by Mary Fletcher

Chorus:

Hear the heartbeat of the people, hear the heartbeat of the land

Listen to the heartbeat of the world!

Seek out problems, seek out answers,

Find out why and find out how,

Just listen to the heartbeat of the world! (Repeat)

1.

May our heart show loving kindness to everyone on earth,

First peoples, refugees and those in need.

Let us break down all the borders and learn to live as one

Solidarity with all humanity!

Chorus

2.

Let's care for all earth's forests, let us nurture all the land

Respecting the abundance that it gives.

Save our oceans, save all species, protect all fragile things;

Be stewards of creation and its gifts!

Chorus

3.

Be mindful of the way we live, of all we say and do;

Be mindful of the knowledge we are one;

For in everyone and everything, divinity resides;

We're connected by the heartbeat of our God!

Chorus

The Sacred Heart of Jesus reminds us of the boundless compassion of Christ, who gave His life out of love for humanity. As we reflect on the love poured out from the Sacred Heart, let us consider how we can embody that love in our own lives, showing kindness, forgiveness, and compassion to all those we encounter.

In this fast-paced world, where distractions abound, we come before you seeking solace and peace. Be our refuge and strength. Guide us with your unwavering love and compassion.

Response: Heart of Jesus, unite me to yourself

Inspire us to be beacons of kindness and forgiveness, to heal wounds and mend brokenness, and to spread your message of hope to all.

Response: Heart of Jesus, unite me to yourself

Teach us to love as you love and to serve others selflessly. Let your Sacred Heart be our beacon of light, leading us towards peace, unity, and harmony.

Response: Heart of Jesus, unite me to yourself



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Love God, Love People: <https://www.youtube.com/watch?v=t-29WLO3trA>

BLESSING:

May the heart of the world beat in harmony within each of us. May we carry this sacred connection into our daily lives, spreading peace, love, and understanding to all corners of the Earth. Go forth in the spirit of unity and compassion and may the blessings of the divine accompany you always. Amen.