

# Living Contemplatively

Retreats, Sabbaticals and Programs  
and other opportunities  
for nourishing the spiritual  
2017

St Joseph's House of  
Spirituality  
*Batehaven*

St Joseph's Centre for  
Reflective Living  
*Baulkham Hills*

Mary MacKillop Heritage  
Centre  
*East Melbourne*

Mary MacKillop Centre  
Adelaide  
*Kensington*

St Joseph's Spirituality  
and Education Centre  
*Kincumber South*

St Joseph's Centre  
*Largs Bay*

Emmanuel Centre  
*Launceston*

Mary MacKillop Place  
*North Sydney*

The Vale Lodge  
*Perthville*

St Joseph's By The Sea  
*Williamstown*

# Sisters of St Joseph Retreat Centres 2017

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## Information about the Centres and registration

### Registration

- **For weekend, 4, 6 or 8 day retreats** please send the application form included in this brochure plus deposit to the appropriate Centre or email/phone Centre for an application form.
- **For sabbaticals, summer and winter schools** please request an application form by emailing [frontdesk@stjosephscentre.org.au](mailto:frontdesk@stjosephscentre.org.au)
- **Sisters of St Joseph of the Sacred Heart** please do not send deposit or payment as Centres will invoice the Congregation.

### Retreat Information

See pages 14 - 18.

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**January/February  
Baulkham Hills**

#### **Cross Cultural Summer School**

*The Cross Culture Summer School will not be offered this year.*

**Annie Bond rsj**

**25 February  
Baulkham Hills  
Half Day  
\$50**

#### **Jesus...His Life this side of the Grave**

*A reflection / discussion seminar on the Human Jesus. The focus of this session is to support and enrich one's relationship of faith in Jesus that calls any person to consider just how Jesus handled his life when confronted with the everyday.*

**Leonard Blahut**



**3 March - 8 April**  
**Baulkham Hills**  
**5 weeks**  
**\$6250**

### **Retirement for Mission**

*This sabbatical is suited to those who have recently retired from full time active ministry or intend retiring from such in the near future. This is an opportunity to consider Mission in a new stage of life.*

**Maria Cimperman rscj and a team of Australia-based presenters.**  
**Coordinator: Lianella Girardi rsj**

**21 - 28 March**  
**Perthville**  
**6 days**  
**\$550**

### **Praying with St Teresa of Avila**

*St Teresa of Avila will guide us during this retreat, as well as some insights from St John of the Cross. They will inspire us to respond to God's invitation to ever deepening relationship through their words of wisdom and encouragement.*

**Moya Unthank rsj**

**2 - 9 April**  
**Williamstown**  
**6 days**  
**\$575**

### **Life Unfolding**

*We reflect on the Pascal mystery of the Universe's unfolding in Emergence, Cataclysm and Radiance.*

*As Teilhard reminds us "The Universe is still coming to be."*

*We are invited to enter into the Mystery of transformation within us and all around us in creation*

**Colleen O'Sullivan rsj**  
**and Carmel Crameri rsj**

**3 - 7 April**  
**Perthville**  
**3 days**  
**\$300**

### **‘But you’, Jesus asked his disciples, ‘who do you say I am?’ – Mk8:29a**

*This retreat enables retreatants as present day disciples to respond to Jesus’ question, by reflecting on his teachings, the miracles he did and his journey to the Cross, as presented in Mark’s gospel.*

**Michael Hickey cp**

**9 - 16 April**  
**Mary MacKillop Place**  
**6 days**  
**\$600**

### **“Minding the Mysteries that Matter”**

*You are invited to pause in your life and take this unique opportunity to enter more consciously into the celebration of Holy Week’s meaning.*

*The 3 first days of the week will be in theological reflection on the readings of the week, hymns and images expressing the Paschal Mystery, as well as in private contemplative prayer. The days of the Sacred Triduum will be celebrated with communal prayer in the Chapel and participation in the liturgies of the Triduum.*

**Virginia Bourke rsj**

**23 - 30 April**  
**Launceston**  
**6 days**  
**\$500**

### **Directed Retreat**

*This directed retreat time offers an opportunity for days of silence, evening prayer and daily spiritual direction.*

**Kathryn Cuthbertson, Jennifer Scally rsj and Mary Hagan rsj**

**30 April - 7 May**  
**Largs Bay**  
**6 days**  
**\$480**

### **Heart of Earth, Heart of Life, Heart of God**

*This silent centering prayer retreat offers opportunity to respond to Jesus’ invitation: “Learn from me, I am gentle and humble of heart.”*

**Tom Gleeson (Priest of Adelaide Archdiocese)**

**5 - 12 May**  
**Kincumber**  
**6 days**  
**\$600**

### **Directed Retreat**

**Pat Corbett cssr**

**5 - 12 May**  
**Kincumber**  
**6 days**  
**\$600**

### **Wisdom Traditions**

*In this retreat we will immerse ourselves in the Wisdom Tradition as well as draw on the contemporary wisdom of Iliia Delio, Teilhard de Chardin, Thomas Merton, Beatrice Bruteau and others to listen to and discern a response to the wisdom of our heart, in the heart of earth, in the heart of God.*

**Dr Kerrie Hide**

**6 May**  
**Baulkham Hills**  
**Half Day**  
**\$50**

### **Jesus...His Life this side of the Grave**

*IA reflection / discussion seminar on the Human Jesus. The focus of this session is to support and enrich one's relationship of faith in Jesus that calls any person to consider just how Jesus handled his life when confronted with the everyday.*

**Leonard Blahut**

**7 - 14 May**  
**Williamstown**  
**6 days**  
**\$575**

### **Amoris Laetitia "The Joy of Love"**

*In this retreat we contemplate the impact of Pope Francis' document on families and how we hold his understandings in The Joy of Love in our lives and in our church. There will be opportunity for contemplation, silence and Spiritual Direction.*

**Bernadette Carr**

**19 - 21 May**  
**Batehaven**  
**Weekend**  
**\$150**

### **Standing on the Shore**

*A time to reflect on the moods of the sea and its echoes in my life.*

**Carmel Drew rsj**



**21 - 28 May**  
**Perthville**  
**6 days**  
**\$550**

### **'We are the ones we are waiting for...'**

*This retreat will offer time for praying with and savouring some of the truth, beauty and goodness within Judy Cannato's book: 'Field of Compassion'.*

**Mary Baker rsj**

**4 - 11 June**  
**Perthville**  
**6 days**  
**\$550**

### **Following Jesus and the God He called 'Abba'**

*("If God can be called Abba, then everything else is different!" - Denis Edwards). Guided, silent retreat. Morning reflection. Late afternoon communal prayer. Time and space for personal contemplative prayer.*

**Virginia Bourke rsj**

**14 - 23 June**  
**8 days**  
**\$730**

### **Directed Retreat**

*(Choice of two durations. Same end date, different start date.)*

**OR**

**Mary Baker rsj or John Hay**

**16 - 23 June**  
**Kincumber**  
**6 days**  
**\$660**

**16 - 23 June**  
**Kincumber**  
**8 days**  
**\$600**

### **Praying with St. Hildegard of Bingen**

*Through pondering on selected writings and illustrations of this remarkable medieval woman, it is hoped that participants will be surprised, inspired and encouraged by her passion for God and sincere Gospel living, and her great insight into God's creation.*

**Moya Unthank rsj**

**16 - 18 June**  
**Mary MacKillop**  
**Place**  
**Weekend**  
**\$250/\$120**

### **Contemplative Prayer**

*This weekend offers a contemplative environment and experience of different prayer practices.*

**3 - 9 July**  
**East Melbourne**  
**6 days**  
**\$575**

### **Guided Retreat: Travelling Lightly**

*This retreat will focus on Travelling Lightly in a world of chaos, transition and change. Using insights from Daniel O’Leary, John Main, Joan Chittister and others we will rediscover the art and wisdom of attentiveness and letting go.*

**Yvonne Harte rsj**

**3 - 14 July**  
**Baulkham Hills**  
**12 days**  
**\$1210**

### **Acculturation Winter Program**

*This program is designed for priests and women and men religious who come to Australia for ministry. Topics include an introduction to Australia – the land, its peoples and the Church; Right relationships – women and the Australian Church, integrity in ministry and child protection; and psychological aspects of entering a different culture.*

**Coordinators: Annie Bond rsj and Brian Vale ssc**

**9 - 16 July**  
**Baulkham Hills**  
**6 days**  
**\$600**

### **“The Word, beloved Son and Christos”**

*Reflecting on the Word in the eternal Trinity, human history, the Sacramental energies of our senses and imagination, the living cosmos”. Come and enjoy space to be in the Mystery of the Word, to listen deeply, to open up a new heart and soul for following Jesus and living into God’s will.*

**Virginia Bourke rsj**

**9 - 16 July**  
**Baulkham Hills**  
**6 days**  
**\$600**

**“Go into all the world and proclaim the good news to the whole of creation.” Mk 16:15**

*This retreat will focus on a prayerful reflection on our role in the new evangelisation, now engaging Christ’s dedicated followers.*

**Bernard McGrath osb**

**13 - 18 July**  
**Kincumber**  
**4 days**  
**\$440**

**The experience of listening**

*“Awaken our praise and thankfulness for every being that you have made. Give us the grace to feel profoundly joined to everything that is.”, Pope Francis, Laudato Si. Come aside for a four day experience of listening. Experience the opportunity for direction in prayer and guidance for life’s journey.*

**Pat Corbett cssr**

**13 - 18 July**  
**Kincumber**  
**4 days**  
**\$440**

**Spirituality and art**

*“When you “let go” energies are released in you that put you into the arms of God.” This retreat provides an environment whereby Art, Spirituality and Life intertwine. Come as you are!!*

**Helen Barnes rsj**

**24 - 31 July**  
**Kincumber**  
**6 days**  
**\$660**

**Directed Retreat**

**Yvonne Parker sgs**

**24 - 31 July**  
**Kincumber**  
**6 days**  
**\$600**

**A doorway into oneness**

*This retreat invites us into a place of deep listening and into the mystery that the deeper I move into the heart of my own being, the deeper I move into the heart of the other and of everything in the universe.*

**Lianella Girardi rsj and Elaine Smith rsj**



**13 - 20 August**  
**Williamstown**  
**6 days**  
**\$575**

### **Being Present to Mystery through Music and Art**

*Through deep listening and through contemplating with a loving gaze, we give expression through art journaling, line, colour and poetry, group sharing and optional personal accompaniment.*

**Mary Baker rsj and  
Therese Quinn rsj**

**14 - 20 August**  
**East Melbourne**  
**6 days**  
**\$575**

### **Directed Retreat**

*This retreat is an invitation to rest and to be attentive to the Presence of God in one's life. Retreatants will have access to spiritual direction and Eucharist each day.*

**Yvonne Harte rsj and  
Lynette Young rsj**

**26 August -  
3 September**  
**Largs Bay**  
**5 days + 2 travel**  
**\$550**

### **Walking Earth's Story: Our Story**

*Travel to the Flinders Ranges, walk Earth's story, contemplating our oneness with All. Shearer's quarters accommodation and shared travel. (Limited special diets)*

**Elaine Smith rsj and  
Kateri Duke rsj**

**28 August -  
1 September**  
**Kincumber**  
**4 days**  
**\$440**

### **Grandparenting the Faith**

*"Grandparents are like the wisdom of the family, they are the wisdom of the people." – Pope Francis, October 2013.*

**Virginia Bourke rsj**





**8 - 10 September**  
**Batehaven**  
**Weekend**  
**\$150**

### **Look at the Flowers...**

*A quiet reflective time to become present to the wisdom and joy of a cottage garden.*

**Carmel Drew rsj**

**10 - 17 September**  
**Williamstown**  
**6 days**  
**\$575**

### **Directed Retreat**

*This retreat is an invitation to rest and be attentive to the Presence of God in one's life. Retreatants will have access to spiritual direction each day.*

**Yvonne Harte rsj and  
Therese Quinn rsj**

**17 - 24 September**  
**Launceston**  
**6 days**  
**\$500**

### **The Lord is waiting to be gracious to you**

*The retreat offers a time to walk with some of the women of the scriptures as they encounter God/Jesus and to experience the God waiting to be gracious to each retreatant.*

**Carmel Drew rsj**

**24 September -  
1 October**  
**Largs Bay**  
**6 days**  
**\$480**

### **Being Present to Mystery**

*This silent retreat is a process of music and imagery, opening to Mystery. Deep listening, expression through journaling, colour and poetry with group sharing.*

**Mary Baker rsj and  
Kateri Duke rsj**

**29 September -  
6 October**  
**Kincumber**  
**6 days**  
**\$660**

### **Directed Retreat**

**David King cp**

29 September -  
6 October  
Kincumber  
6 days  
\$600

**“he captured me” Phil 3:12  
and “for me to live is Christ”  
Phil 1:21**

*Take time to listen and hear God’s word in your life as you reflect on the Word of God through Paul, man in mission, mystic and Martyr and much more in the earliest Christian communities.*

**Virginia Bourke rsj**

22 - 28 October  
Perthville  
6 days  
\$550

**“Let us turn our faces and look  
into the heart of God.”**

*Fr Julian Tenison Woods was a prolific letter writer and homilist. In this retreat at Perthville you will be invited to reflect on a selection of his writings in a place he visited many times, and to draw from them the heart of his spirituality.*

**Dr Marie Crowley**

15 - 22 October  
Largs Bay  
6 days  
\$480

**The Journey into the Second  
Half of Life**

*Guided, silent retreat offering sacred space and time to reflect on life and God’s invitation as one journeys into second half of life.*

**Lynette Young rsj**

15 - 22 October  
Batehaven  
6 days  
\$480

**Opening Gates of Wisdom**

*Walking on the road with Jesus we are invited to ‘integrate the two threads of our life...within and without.’*

**Carmel Drew rsj**



**3 - 5 November**  
**Batehaven**  
**Weekend**  
**\$150**

### **Spring Cleaning**

*Deep within the simplest things life's blessings are waiting to be discovered and treasured.*

**Carmel Drew rsj**

**5 - 11 November**  
**Largs Bay**  
**6 days**  
**\$480**

### **Put out into the Deep**

*This directed, silent retreat is an invitation to be attentive to God's presence in the depths of one's life. Spiritual companionship available.*

**Genevieve Ryan rsj and  
Dora Maguire rsj**

**12 - 19 November**  
**Perthville**  
**6 days**  
**\$550**

### **It is no longer I that live. It is Christ who lives in me. Gal 2:20**

*An invitation to experience anew our contemplative life in the Spirit and explore how we then transmit that to the world in which we live.*

**Steve Sinn sj**

**12 - 19 November**  
**Launceston**  
**6 days**  
**\$500**

### **Directed Retreat**

*This directed retreat time offers an opportunity for days of silence, evening prayer and daily spiritual direction.*

**Kathryn Cuthbertson, Jennifer  
Scally rsj and Mary Hagan rsj**

**24 - 26 November**  
**Mary MacKillop  
Place**  
**Weekend**  
**\$250/120**

### **Contemplative Prayer**

*This weekend offers a contemplative environment and experience of different prayer practices.*

**26 November -  
3 December  
Baulkham Hills  
6 days  
\$600**

### **The Camino**

*A pathway to contemplation, and source of inspiration for the inner work of life's second half.*

*Along with many who have walked it across the centuries, we will delve into the insights of the mystics, as well as the beauty of Western spiritual music and art, and discover more about how they can contribute to our journey into wholeness.*

**Sue Kane**

**26 November -  
3 December  
Baulkham Hills  
6 days  
\$600**

### **'Awakening anew to the creative vitality of our abundant and exuberant God'**

*The retreat will be a time of being 'present to the Mystery', entering anew the rich themes of Advent through gentle contemplative practices from the work of such great teachers as - John Philip Newell, Cynthia Bourgeault, Thich Nhat Hahn and Helen Bonny (founder of the modality: 'Guided Imagery and Music')*

**Mary Baker rsj**

## **Other Events**

### **Advent**

#### **Mary MacKillop Place**

Lessons and Carols

See [www.marymackillopplace.org.au](http://www.marymackillopplace.org.au) for details.

### **8th of month except Sundays**

#### **Kensington**

Honouring and Praying with St Mary MacKillop Mass at 10:30am followed by morning tea. Evening Reflection: 5:45 – 6:30 pm. Opportunity to learn more about the early Josephite story and pray about our world's needs. **Catherine Clark rsj**

### **Per website**

#### **Mary MacKillop Place**

Lectio Divina – Scripture Reflection

See [www.marymackillopplace.org.au](http://www.marymackillopplace.org.au) for details.

## Retreat Information and Costs



### **Batehaven on the South Coast of NSW**

Attention: Retreats

St Joseph's House of Spirituality and Hospitality

12 David Avenue, Batehaven NSW 2536

Phone: 02 4472 4021 or 02 4472 7063

Email: [Judith.mills@sosj.org.au](mailto:Judith.mills@sosj.org.au)

Six day retreats begin with a 6pm meal on the first date and conclude with breakfast on the last date. Retreat weekends begin with 6pm meal on the first date and conclude after lunch on the final date.

\$480 for six day retreat - Weekends \$150

Non-refundable Deposit \$50. Cheques payable to the Trustees of the Sisters of St Joseph of the Sacred Heart.

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### **Baulkham Hills Sydney NSW**

Attention: Retreats

St Joseph's, 64 MacKillop Drive, Baulkham Hills

PO Box 7386 Baulkham Hills BC NSW 2153

Phone: 02 9634 2317 Fax: 02 9899 4229

Email: [frontdesk@stjosephscentre.org.au](mailto:frontdesk@stjosephscentre.org.au)

Website: [www.stjosephscentre.org.au](http://www.stjosephscentre.org.au)

The advertised retreats begin with the evening meal on the first date and conclude with breakfast on the last date.

\$1,210 for Acculturation Winter Program.

\$600 for six day guided retreats. Non-refundable deposit \$50

Cheques payable to Spirituality Ministry of the Sisters of St Joseph. EFTPOS facilities available.



## **East Melbourne Victoria**

Attention: Retreats

Mary MacKillop Heritage Centre

362 Albert Street, East Melbourne VIC 3002

Phone: 03 9926 9300 Fax: 03 9926 9330

Email: [admin.mmhc@sosj.org.au](mailto:admin.mmhc@sosj.org.au)

Website: [www.mmhc.org.au](http://www.mmhc.org.au)

Retreatants are requested to arrive after 11am  
and in time for lunch at 12.30pm.

Departure time is between 10am and 12 noon  
the following Sunday.

There are 6 places for each retreat.

Cost \$575. Non- refundable deposit \$75

Cheques payable to Trustees of the Sisters of St Joseph  
of the Sacred Heart.

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## **Kensington Adelaide**

Attention: Rebecca Reiner

Mary MacKillop Centre Adelaide

4 High Street, Kensington SA 5068

Phone: 08 8130 5900

Email: [infos@sosj.org.au](mailto:infos@sosj.org.au)

Website: [www.marymackillopadelaide.org.au](http://www.marymackillopadelaide.org.au)

or post to PO Box 57, Kent Town 5071





## **Kincumber South Central Coast NSW**

Attention: Retreats

St Joseph's, 8 Humphrey's Rd, Kincumber South NSW 2251

Phone: 02 4368 2805 Fax: 02 4368 3849

Email: [bookings@stjosephsretreat.org.au](mailto:bookings@stjosephsretreat.org.au)

Website: [www.stjosephskincumber.org.au](http://www.stjosephskincumber.org.au)

The advertised retreats begin with the evening meal on the first date and conclude with breakfast on the last date.

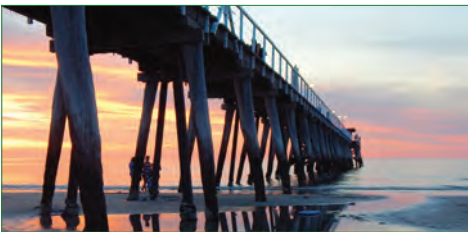
Directed retreats \$730 for 8 day or \$660 for 6 day.

Guided retreats \$600 for 6 day or \$440 for 4 day.

Non-refundable and non-transferrable deposit \$50

Cheques payable to Spirituality Ministry of the Sisters of St Joseph. Credit card facilities available.

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## **Largs Bay Adelaide**

Attention: Retreats

St Joseph's Centre, 1 Everard St, Largs Bay SA 5016

Phone: 04 1883 4114

Email: [kateri.duke@sosj.org.au](mailto:kateri.duke@sosj.org.au) or post to Kateri Duke rsj

8 Wigley St, Largs Bay SA 5016

There are 12 places available on each retreat

The advertised retreats begin with the evening meal on the first date and conclude with breakfast on the last date.

Cost \$ 480 - Non-refundable deposit \$50

Please note additional costs for Flinders Ranges retreat

Cheques payable to the Trustees of the Sisters of St Joseph of the Sacred Heart.





## **Launceston Tasmania**

Attention: Retreats

Emmanuel Centre, 123 Abbott St, (PO Box 147)  
Newstead, Tasmania 7250 Phone: 03 6334 1082

Email: [jenny.scally@sosj.org.au](mailto:jenny.scally@sosj.org.au)

Website: [www.emmanuelcentre.org.au](http://www.emmanuelcentre.org.au)

The advertised retreats begin with the evening meal on the first date and conclude with breakfast on the last date.

Cost: \$500

Persons wishing to make a private retreat may contact the Emmanuel Centre to arrange a suitable time. Cheques payable to the Trustees of the Sisters of St Joseph of the Sacred Heart.

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## **North Sydney NSW - Attention: Retreats**

Mary MacKillop Place

PO Box 1081 North Sydney NSW 2059  
Phone: 02 8912 4818 Fax: 02 8912 4835

Email: [mmp.ministries@sosj.org.au](mailto:mmp.ministries@sosj.org.au)

Website: [www.marymackillopplace.org.au](http://www.marymackillopplace.org.au)

Holy Week Retreat: \$550 Non-refundable deposit: \$50

Cost for weekend retreats: \$250

Cheques payable to Mary MacKillop Place.



**Perthville NSW - Attention: Retreats**

The Vale Lodge, Tension Woods Ave, Perthville NSW 2795

Phone: 02 6337 2946

Email: [thevalelodge@sosj.org.au](mailto:thevalelodge@sosj.org.au)

The advertised retreats begin with the evening meal on the first date and conclude with breakfast on the last date.

Cost: \$550. Non-refundable deposit: \$50

Cheques payable to the Trustees of the Sisters of St Joseph of the Sacred Heart.

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**Williamstown Melbourne**

Attention: Retreats

Saint Joseph's By the Sea

16 Esplanade, Williamstown, VIC 3016

Phone: (03) 9397 6012 or (03) 9397 0344

email: [admin.sjbtsw@sosj.org.au](mailto:admin.sjbtsw@sosj.org.au)

Forward applications to:

Retreat Co-ordinator, Mary MacKillop Heritage Centre  
362 Albert St, East Melbourne

Retreatants are requested to arrive in time for evening meal on the Sunday 7.30pm. Departure time is before 10.00am on the following Sunday. There are 6 places for each retreat.

Cost \$575 - Non-refundable deposit \$75

Cheques payable to the Trustees of the Sisters of St Joseph of the Sacred Heart.

# Application for Retreat

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ P/Code \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

## Retreat Selected *(Please tick)*

- |   |  |
|---|--|
| <input type="checkbox"/> <i>Batehaven</i>       | <input type="checkbox"/> <i>Largs Bay</i>    |
| <input type="checkbox"/> <i>Baulkham Hills</i>  | <input type="checkbox"/> <i>Launceston</i>   |
| <input type="checkbox"/> <i>East Melbourne</i>  | <input type="checkbox"/> <i>North Sydney</i> |
| <input type="checkbox"/> <i>Kensington</i>      | <input type="checkbox"/> <i>Perthville</i>   |
| <input type="checkbox"/> <i>Kincumber South</i> | <input type="checkbox"/> <i>Williamstown</i> |

Title: \_\_\_\_\_

Dates \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_

Cost: \_\_\_\_\_

**Please return application form  
to the relevant Retreat Centre  
with non-refundable deposit.**



Sisters of Saint Joseph

*of the Sacred Heart*