



BE STILL



BREATHE DEEPLY



GODIS WITH YOU



OPENTHE EYES AND EARS OF YOUR HEART TO THE INDWELLING GOD



As you read the scripture passage on the slide that follows become aware of what word or phrase speaks to you.



God said to Elijah:

"Go out and stand on the mountain before your God."

Then God went by.

There came a mighty wind, but God was not in the wind.

After the wind came an earthquake, but God was not in the earthquake.

After the earthquake came a fire but God was not in the fire.

After the fire came the sound of a gentle breeze...

God was in the gentle breeze.



What word or phrase speaks to you?



Sit with that word or phrase.

Ponder it.

Let it speak to your inner spirit.



Elijah did not meet God in the mighty wind, the fire or the earthquake, but in the gentle breeze.

However it was in the earthquake moments of the excommunication, that Mary experienced the calm gentle presence of God...



I do not know how to describe the feeling, but I was intensely happy and felt nearer to God than I had ever felt before.

The sensation of the calm beautiful presence of God I shall never forget.

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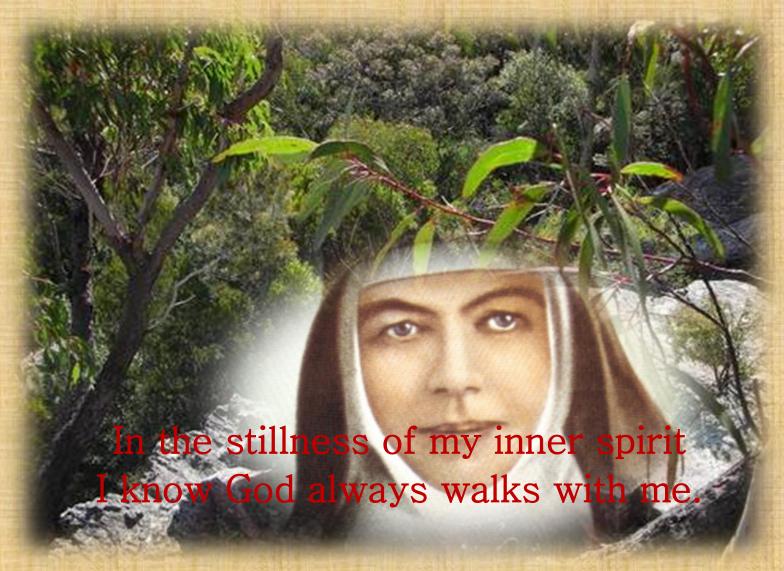


What stirs in your heart as you hold these words of Mary MacKillop?



I am with you in all the moments of your

Never forget the calm beautiful presence of



I call to awareness an "earthquake" moment (name & ponder this moment).

I call to awareness a "gentle breeze" moment (name & ponder this moment)

YES, GOD WAS WITH ME



God of my life, you have walked with me all the way to where I am today.

Enfold me
in your gentle embrace.
Shadow me so that
I may continue
to walk in your ways.

